



"The people at Tapping House Hospice were such a help to our whole family.

I don't know how we could have coped without them"

The Norfolk Hospice - Tapping House

was established in 1984 to provide palliative care to people with cancer and other life-limiting illnesses and to enable them to live life to the full.

At The Norfolk Hospice - Tapping House we:

- care for over 200 people every month at the hospice and at home
- care for people with cancer, neurological and other life-limiting conditions.
- aim to provide the best level of care and the best quality of life.
- support families through our Bereavement Service.
- provide regular carer support groups.
- provide equipment, assisting people at home.
- provide transport, bringing people to the hospice from all over the region.
- care for the whole person by dealing with the physical, emotional and spiritual needs of patients, enabling them to live their lives to the full, with dignity.

Why We Need Your Support

It costs nearly **£1 million** a year to run our hospice. Only **15%** of the Hospice's annual costs are paid for by the NHS.

85% of our costs are paid for by people like *you* – the individuals, organisations and groups who give generously.

The care and support given to patients and their families by our hospice is provided **without charge** throughout Norfolk and the Fens.

Please consider **making a donation** to support our vital care

How you can help

- Make a donation to support our care today.
- Join one of our sponsored events – walk, cycle, run or skydive!
- Help at one of our events – or organise one of your own.
- Encourage your local school, workplace, community or church to support us.
- Become a hospice volunteer - there are so many ways you can help.
- Donate your unwanted goods to our charity shops.
- Recycle your old mobile phones, used printer cartridges, jewellery, coins and keys at our shops.
- Join our Lottery - you could win £1,000!
- Start a regular monthly donation.

The vital work of your local Hospice relies on the generosity of our supporters, donors and volunteers.

Without the support of the people of Norfolk and the Fens our vital work simply could not continue.



The Norfolk Hospice

Registered Office:

Tapping House, Common Road (West),
Snettisham, King's Lynn,
Norfolk PE31 7PF

Hospice: **01485 543 163**

Fundraising: **01485 542 891**

www.tappinghousehospice.com
fundraising@tappinghousehospice.com

Tapping House Hospice (Reg. Charity 1062800)
Registered Company No: 3185605

YOUR EASY GUIDE TO

WORKPLACE FUNDRAISING

Fundraising with work colleagues can be hugely rewarding and it's a great way to give something back to the community!

The Benefits of Workplace Fundraising

Increased job satisfaction for employees

Effective awareness-raising and marketing tool

Team building exercise

A chance to give something back to the community

How can I fundraise in my place of work?

- Encourage your colleagues to choose the Hospice as their Charity of the Year
- Put a Hospice collecting tin in your reception, staff room or canteen
- Organise a regular raffle, bid on the ball game or 100 club
- Organise a prize draw or silent auction
- We can recycle used printer cartridges and mobile phones to raise funds - contact us to find out more
- Encourage staff to get sponsored in aid of the Hospice for events in which they are participating (running, cycling, swimming, slimming etc...)
- Themed days - from dress-down days to job swaps with the boss
- Form a syndicate of players in our Hospice Lottery - **£1,000 jackpot** every week of the year! Call us to find out more

Organising an event

Putting on an event is a great way of supporting the Hospice, **raising the profile** of your company and **involving employees**.

Your event could be anything - a quiz, barbeque, dinner-dance, auction, golf tournament, sponsored cycle or run - the only limit is your imagination!

What's more, The Norfolk Hospice - Tapping House can **support and promote** your fundraising efforts.

From ideas and advice, to posters, fliers and media coverage, we can help you maximise your event.

In Kind Donations

An "In Kind" donation could be just about anything: unneeded computer equipment and office furniture, assisting us with mailings and photocopying, use of a venue, services such as PR, consultancy and other advice. Even raw materials such as off-cuts that would otherwise be thrown away could be of benefit to the Hospice.

Help Us Recycle

The Hospice can raise funds by recycling used printer cartridges, mobile phones, jewellery, coins and keys at our shops.

We can also provide special donation boxes for these items to be deposited in for your reception or staff room.

It's a great, free way to support the Hospice and protect the environment!

Raffle & Auction Prizes

Whatever your line of business, there's undoubtedly something your company could donate to support the Hospice.

Raffles and Auctions are a great way for us to raise the vital funds that enables our work to continue - they are a great part of some many types of event!

Match Giving

If you are organising an event or taking part in a sponsored challenge, find out if your employer will "match give" to **double the amount you raise**.

Payroll Giving

Payroll giving is one of the **most tax-effective** ways of donating to the Hospice.

You can start, stop or change the amount of your donation at any time.

With Payroll Giving your donation is taken from your pay **before tax is deducted**. This means your donation costs you less and the taxman makes up the difference - it sounds complicated, but it's actually really simple to set up.

To become a payroll giver, simply tell your payroll department that you wish to support the Hospice, and the amount you would like to give from your salary, and they will do the rest.

Once your donation is set up, you don't have to do any more. Each week or month, as regular as clockwork, The Norfolk Hospice - Tapping House will benefit.

To find out more about the Hospice and how you can help, please contact us on **01485 542 891** or email **fundraising@tappinghousehospice.com**