

## How you can help

There are many ways you can support the Hospice and we are grateful for all the help we receive. You may wish to:

- Make a donation to support our care
- Become a Hospice volunteer – you could help us with driving, day or home care, fundraising, our charity shops and much more!
- Join our Lottery – you could win £1,000!
- Donate your unwanted goods to our charity shops in King's Lynn, Downham Market & Snettisham
- Donate unwanted mobile phones, used printer cartridges, jewellery, keys, coins and stamps to our Hospice shops – we can recycle all of these to raise funds
- Attend one of our events – or organise one of your own! All sorts of great events support our work: from coffee mornings to skydives!
- Encourage your workplace, community, local school or church to support us
- Consider leaving a legacy in your Will to ensure future security for the Hospice

### Please send me further information regarding

- The work of the Hospice and services provided
- Making a donation
- Becoming a volunteer
- Joining the Hospice Lottery
- Fundraising events
- Workplace fundraising
- Leaving a legacy in my Will
- Other (please specify) \_\_\_\_\_

Full Name: Mr/Mrs/Miss/Ms/Other \_\_\_\_\_

Address: \_\_\_\_\_

Post Code: \_\_\_\_\_ Telephone No: \_\_\_\_\_

Email: \_\_\_\_\_

Please cut out and send to the address on the back of this leaflet.

### How to find The Norfolk Hospice – Tapping House

The Hospice is situated 12 miles north of King's Lynn, just outside Snettisham off the A149 bypass.

#### From the South

Take the A149 towards Hunstanton. After the turnoffs to Sandringham & Wolferton take the first exit off the roundabout (signposted Hunstanton & Snettisham). Follow the A149 for 2.5 miles then turn left into Beach Road. Take the first right into Common Road, continue for 300 metres. The Hospice is on the right-hand side of the road.

#### From the North

From Hunstanton, take the A149 towards King's Lynn. Entering Snettisham, take the second exit (right) off the Snettisham roundabout (signposted King's Lynn). Take the next right into Common Road (West). Follow the road round for 500 metres. The Hospice is on the left.



If you think we can help, please get in touch. We will **always** be pleased to hear from you

To find out more, please contact:

The Norfolk Hospice, Tapping House,  
Common Road (West), Snettisham,  
King's Lynn, Norfolk PE31 7PF

Care Team **01485 543163**  
Fundraising Team **01485 542891**

[www.tappinghousehospice.com](http://www.tappinghousehospice.com)  
[enquires@tappinghousehospice.com](mailto:enquires@tappinghousehospice.com)

Registered Company No: 3185605  
Registered Charity No: 1062800



# Our Community Your Hospice



## Help when help is **most** needed

S E R V I N G   N O R F O L K   A N D   T H E   F E N S

## Your Local Hospice

Since 1984, our Hospice has been providing palliative care to people with cancer, neurological and other life-limiting conditions, to enable them to live life to the full for whatever time is left.

We care for over 200 people every month of the year at the Hospice and in people's homes.

Our Hospice is founded on a philosophy of holistic care. Simply put, we aim to care for the whole person, encompassing the physical, emotional, practical and spiritual needs of patients. Furthermore, we offer a range of services to families and carers.

### Our Services include

- Holistic day care
- Home Hospice support
- Bereavement support
- Regular carer support groups
- Transport
- Equipment loan
- Information service
- Physiotherapy & Complementary Therapies
- Occupational & Creative Therapies
- Lymphoedema management
- Family support service

**“I look forward to my days at the Hospice. It makes the whole week more bearable and gives me a chance to be me, not my disease”**

All our services are tailored to meet the needs of the individual. To find out more about any of our care services, please do not hesitate to contact us.

## Our Vision

Our vision is that together we can create a world where everyone living with life-limiting illness is enabled to do so with dignity, free from unnecessary pain and fear.

We aim to provide the best level of care and the best quality of life and strongly believe that care should not be time limited. Accordingly, we will always strive to provide care until problems are resolved or alleviated.



**“I shall always be grateful for the help which improved my mental and physical condition. I can't say enough for the Hospice, all its staff and volunteers”**

Our care is provided without charge to people in Norfolk and the Fens. It costs £1 million a year to run our Hospice. We currently receive 15% of this from the NHS. We depend heavily on the generosity of the community to survive: the remaining 85% of our costs are paid for by the individuals, organisations and groups who give generously to support our vital care.

The Norfolk Hospice – Tapping House has survived and ultimately flourished thanks to the continued support of our donors and hard working volunteers, who invest so much time and energy to ensure our vital work continues.

In life nothing is certain but, with your help, we can ensure that Norfolk and the Fens has the finest Hospice care possible, now and in the future.

## The Future

The desire to provide Norfolk with the level of Hospice care it requires has always been central to the mission of our Hospice. A crucial part of this aspiration is a purpose-built Hospice within Norfolk and the Fens, something we currently do not have.

The area we serve is one of the few in UK that does not have a full service Hospice, something that the local community requires.

The people of Norfolk and the Fens urgently need and truly deserve the very highest standard of Hospice care for everyone in our community who requires it.

Our vision of a full service Hospice for Norfolk and the Fens will only come to fruition with the support of the community we serve.

As the range of services we offer increases, so does the amount of money we require to continue supporting those living with life-limiting illness.

