

Press Release

King's Lynn, 8th February 2010

Talk about Fundraising!

West Rudham Neighbours, Jenny Shoebridge and Cynthia Smeeton set themselves an annual fundraising target of £1,000 which they were delighted to have reached in 2009. The funds were raised for The Norfolk Hospice, Tapping House by giving 'entertaining' talks to help raise awareness about the Hospice and selling donated goods at local car boot sales.

Both Jenny and Cynthia were widowed and had both experienced the heartache of the deaths of their husbands following long terminal illnesses. Jenny received considerable support from The Norfolk Hospice both in day and home care. Jenny says, "I have since been fortunate enough to meet a widower, Alan, who also cared for his wife and therefore shared a similar experience. We have married and Alan has been very supportive in our fundraising efforts knowing how vital the exceptional care provided by the Hospice is to patients and their families. The provision of a bedded Hospice in Norfolk is absolutely essential. Due to illness and the early starts we are unable to continue with the Car Boot sales but Cynthia has been the backbone of the scheme and we would both like to thank relatives, friends in the West and East Rudham villages and Jenny's work colleagues for their generosity in providing items for us to sell."

Jenny will continue to provide talks to small groups and can be contacted on 01485 528638 for organisations who would like further details.

Zena Penty, Fundraising Co-ordinator of The Norfolk Hospice said "We are so very grateful to Jenny and Cynthia for their continued support. They have worked extremely hard not only raising funds on event days but constantly gathering together goods to sell and promoting the services of the Hospice. Now that the car boot season is coming round again, should anyone wish to raise funds for the Hospice by having a stand at a local car boot sale we would be pleased to hear from you. Please phone the fundraising Office on 01485 542891".

Contact The Norfolk Hospice on **01485 542891** or visit www.norfolkhospice.org.uk

- ENDS -

Notes to editors:

Since 1984, The Norfolk Hospice, Tapping House, has been providing palliative care to people with cancer, neurological and other life-limiting conditions, to enable them to live life to the full for whatever time is left.

Our services include: holistic day care, home hospice support, bereavement support for families, regular carer support groups, transport, equipment loan and an information service.

The area we serve is large and covers West and North Norfolk, neighbouring parts of the Fens in North East Cambridgeshire and the borders of South Lincolnshire.

We care for over 200 people a month at the hospice and at home. Our care is provided without charge, and it costs £1 million a year to run our Hospice. We depend on the generosity of the community to survive: 85% our costs are paid for by the individuals, organisations and groups who give generously to support our vital care. We are a Registered Charity, with reg. no. 1062800.

In life nothing is certain but, with your help, we can ensure that we continue to provide the finest hospice care possible, now and in the future.

For media details, further information and photo opportunities please contact:

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